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Location: Markham Park 16001 West State Rd 84 Sunrise, FL 33326 November 3, 2013

Event Information

Join the Inaugural Hot Trot Jerk 5K run/walk and be part of the Jamaican Jerk Festival featuring Caribbean food, entertainment, prizes, special guests and much more.

Event Schedule

Sunday, Nov. 3 - Hot Trot Jerk 5K run/walk Tuesday, Nov. 5 - Jerk Cooking Class Wednesday, Nov. 6 - Taste of Jamaica Friday, Nov. 8 - Red Hot Jerk Party Saturday, Nov. 9 - Rum, Wine & Jerk Sunday, Nov. 10 - 12th Annual Grace Jamican Jerk Festival

Parking

401 City Center Pkwy, Port Orange, FL 32129 Parking also at Library & YMCA *see map for specific parking locations

Packet Pick-up

Friday at the YMCA 11:00 a.m. - 6:00 p.m. and also at race site on race day from 6:30 a.m. to 7:55 .a.m.

Awesome T-Shirt

Sizes are not guaranteed on race day registration. Register now to secure your shirt size.

Race Scoring & Awards

All runners who participate will be provided with a bib with a timing chip. Awards will be provided to the top the top overall male & female and top 3 in each age group.

Entry Fee - Run/walk

Entry Thru - Oct. 15th \$20.00 Entry Oct. 16th - Nov. 1st \$25.00 Race Day \$30.00

Special Guest

World & Olympic 100M & 200M Champion Shelly-Aann Fraser-Pryce

Name (First)		st EMAIL (must provide)		
Address		Apt:#/Suite		
City		State	Zip or Post	
Emergency Phone(Day)		(Phone)		Make Checks Payable To:
			FEMALE	Jamaican Jerk Festival
Date of Birth	Age on race Day	Shirt Size S M L XL	XXL MALE	1210 N.W. 200 St Miami Gardens, FL 33169

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED. In consideration of my entry being accepted, I intend to be legally bound, and do hereby, for myself, my heirs, executors, waive and release all rights and claims for damages which may have or which may hereinafter accure to me against Stracedirector, Flaco Sports, Jamaican Jerk Festival, City of Surrise, Volunteers, and the sponsors or of the event which I am entering, any subsidiary or political division thereof, of their respective officers, agents, favore, representatives, successors, assigns, and sponsors for any and all damages or injuries which may be sustained and suffered by me in connection with my association with entry or participation in the Healthy Heart Imile, \$8,\$,\$ lok as is mentioned above. If I should suffer injury orillness I authorizeofficials of the race to use their discretion to have me transported to a medical facility, and I take full responsibility for these actions. I attest and certify that am physically fit and have sufficiently trained for the completion of this event. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose. Bicycles, babystrollers/joggers, dogs, inline/roller skates, headphones are prohibited. I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.